# **Study Design 101**

## The Dos and Don'ts of Ascertainment in Genomic Studies





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#### **My History**



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#### **Study Design 101**



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# What is Epidemiology?

#### **Study Design 101: Epidemiology**

• "the branch of medical science that treats epidemics"

- the study of how often diseases occur in different groups of people and why
- Patterns of disease occurrence in human populations according to person, place, and time
- the study of how disease is <u>distributed in populations</u> and the <u>factors that influence or determine</u> this distribution

#### **Study Design 101: Epidemiology**



#### **Study Design 101: Testing association**



Exposure	Heart disease	No heart disease
Smokers	700	500
Non-smokers	300	500

#### **Study Design 101: Genetic Epidemiology**





#### **Study Design 101: Genetic Variation**



SNP	Disease	Non-diseased
🙏 allele	800	500
T allele	200	500

#### **Study Design 101: Outcome**

## What is the outcome of interest?

Use objective and clear definitions

• Ask the experts



• Use standardized medical codes (ICD-10)

#### **Study Design 101: Genetic Epidemiology**

# If a disease has a genetic component, where do we start?





Has genetic condition
No condition



1. Recruit multiple family members

2. Recruit across generations



3. Compare genomes of affected vs unaffected family members

Advantages

1. Enriched for the 'causal' variant

2. Useful to detect rare variants



# Challenges

1. Computational complex

2. Difficult to find large pedigrees



3. Hard to study late-onset/age-related diseases.







#### **Study Design 101: Defining the study base**

## Primary study base



Population of interest is defined **FIRST** 

Eligible cases are from among all cases

Controls would be a random sample

#### **Study Design 101: Defining the study base**

## Secondary study base



Cases are identified *FIRST* (e.g. cancer patients at a hospital)

What population do cases represent? (e.g. a single city? a county? a region?)

Controls are to reflect this "population" (e.g. would been a case if had disease) 21

#### **Study Design 101: Defining the study base**



#### **Study Design 101: Genetic variation VARIES**



#### **Study Design 101: Population stratification**

![](_page_23_Figure_1.jpeg)

#### **Study Design 101: Population stratification**

![](_page_24_Picture_1.jpeg)

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#### **Study Design 101: Population stratification**

![](_page_25_Figure_1.jpeg)

# **Advantages**

1. Simpler statistics

2. Ideal for studying late-onset diseases

3. By increasing sample size, we increase power to detect an association

cases (n=1,000)

people with heart disease

controls (n=1,000) people without heart disease

![](_page_26_Picture_9.jpeg)

# Challenges

![](_page_27_Picture_2.jpeg)

cases (n=1,000) people with heart disease

![](_page_27_Picture_4.jpeg)

controls (n=1,000) people without heart disease

## Defining study base might be difficult Thus identifying suitable controls may be hard

## 2. Population stratification can muddle effects

#### Study Design 101: Who are we really studying?

Diseased

Not Diseased

![](_page_28_Figure_3.jpeg)

Survivors?

## Do they represent the source population?

#### Study Design 101: Who are we really studying?

![](_page_29_Figure_1.jpeg)

Not Diseased

![](_page_29_Figure_3.jpeg)

#### **Study Design 101: Recap**

![](_page_30_Picture_1.jpeg)

![](_page_30_Picture_2.jpeg)

Thank you!